

# THE VISION

THE NEWSLETTER OF INNERVISIONS HEALTHCARE — WEST DES MOINES

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## Our Clinic Staff

Jenny Condon  
Executive Director

Dr. Greg McKernan, DO  
Medical Director

Dr. Susan Beck  
Dr. Tom Mallisee  
Dr. Sandy Ruhs  
Volunteer Physicians

Jenny Cline, RN, MPH  
Director of Nursing

Sammy Freund, RN  
Jan Steenhoek, RN  
Brooke Van Brueggen, RN  
Staff Nurses

Melanie Froyen, BSN, RN  
Assistant Director

Bryan Gonzalez  
Director of Development

Pat Wright  
Director of Finance

Tami Bixby  
Director of Marketing

Paulette Gardner  
Accounting Associate

Kris Gaspari  
Post-Abortion Healing

Lori Staver, BSN  
Staff Training Consultant

## Our Volunteer Nurses

Jo Helling, BSN  
Ruthie Johnson, BSN  
Terri Kruse, BSN  
Diane McGuire, BSN  
Rachel Prohaska, BSN

## Board of Directors

Justin Doyle  
Chair

Rob Stark  
Treasurer

Patti Brown  
Secretary

Dave Asjes  
Jim Bates  
Brenna Bird  
Jenny Condon  
Cindy Jensen  
Directors

## Thanks to Biking for Babies

**B**iking for Babies, a national, pro-life ministry founded by Jimmy Becker, seeks to transform the culture of life by doing something he and his team love most: bicycling. For three years now, Jimmy and the crew cycle across America and raise money to help support pregnancy resource centers and clinics like IVHCare.

“It’s an honor for us to help support the beautiful and compassionate work at InnerVisions! This is a cause near to my heart, and I’m delighted to be able to combine my passion for cycling to help the cause,” says Jimmy.

Becker grew up in West Des Moines before going to the University of Illinois. He joined FOCUS after college, an apostolate on college campuses which helps launch college students into a lifelong Catholic mission. He now serves as a project manager at Blackbird Investments.

Again this summer, *Biking for Babies* will be trekking on-wheels “A-cross” America. We’re grateful for the amazing work that this organization does for the culture of life and thank Jimmy for his generous support of IVHCare!

For more information on supporting *Biking for Babies*, visit [www.bikingforbabies.com](http://www.bikingforbabies.com).



## Volunteer Nurse Needed!

A volunteer nurse is needed to support our staff nurse on Tuesday evenings (5pm-8pm). Other times available as well. If you are interested and want to learn more about this time or other available opportunities, please contact Melanie at 515-440-2273; [Melanie@ivhcare.org](mailto:Melanie@ivhcare.org).



FROM THE DIRECTOR:

# Influencing the Culture of Life throughout Iowa



As our reputation has grown and we have built an excellent staff who work tirelessly as servants in this ministry, it has allowed me the opportunity to respond to needs of other servant leaders in the field and share my experiences and 'wisdom' to help the culture of life grow in Iowa. This has led me to serve in a couple of key roles.

First, as a member of the Iowa Knights of Columbus Respect Life Committee. The Knights have implemented their ultrasound initiative by placing machines in pregnancy resource centers. They hope to see a 50% decrease in abortions by 2020. As a consultant on the committee my task is to meet with centers who seek to expand into a 'clinic'— and therefore work with their leadership in preparing their organization to handle the responsibilities and operations of running a medical clinic.

In addition, on behalf of the Knights, I have assisted in implementing an annual conference for pregnancy help resource centers and clinics in Iowa. It is a wonderful opportunity to bring valuable resources and support to these organizations.

Also, at the request of the Lt. Governor's office I am helping Kim Reynolds coordinate a tour of pregnancy resource centers and clinics throughout the state. Kim has advocated for InnerVisions on many occasions and her support has been important to us.

I am grateful to all of you...for your continued trust and support of me as a leader, as well as our amazing staff, volunteers and board of directors.

In Life,

A handwritten signature in blue ink that reads "Jenny".

Jenny Condon  
*Executive Director*

CLIENT TESTIMONY:

## The Effect of Our Words & Actions



Sometimes we don't know the effect our words have on others, and this was the case with a recent abortion-minded client. Her reasons for abortion were simple: poverty, little education, low-paying job, another child at home, no support from the father, and little hope of her situation improving. A recent immigrant, she spoke little English and while polite, she remained stoic as the nurses educated her about her options. When she left the clinic, the sadness was palpable. She had seemed unmoved.

Imagine the joy when connecting with her a couple weeks later. She had been injured at work and was worried for her baby. We provided a follow-up ultrasound and was able to show her a beautiful baby with a strong heartbeat. Nurses will remain close to her as she moves throughout the pregnancy to ensure she gets all the support she needs. Join us in celebrating this mother who embraced and chose life for her baby!

# 6th Annual Dinner Dance Sponsored by Knights of Columbus

We're so grateful for area Knights of Columbus councils for supporting us! Each Fall, Steve Vonnahme, one of the local District Deputies, organizes the event and has the Knights Council #13109 from SS. John & Paul underwrite the food and cook the delicious steak dinner. This year, the Knights of St. Boniface (Council #4009) hosted the event on September 17th. We had the largest crowd and raised the most money! Thanks goes out to the sponsors on the right who helped make this event so successful!



Mr. Shawn Still  
General Agent  
Williamsburg, Iowa  
shawn.still@kofc.org

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## Ladies Lovin' Life

Thanks to our female board members, including Cindy Jensen, for hosting the Ladies Lovin' Life Kickoff at her house in Nov 2016! Ladies Lovin' Life is a group of female IVHCare supporters who give a single gift of \$500 or more annually. They gather quarterly for social events which promote the pro-life & pro-woman mission, while supporting the clinic. Thanks to Machel of Uniquely Stated Jewelry ([uniquelystatedjewelry.com](http://uniquelystatedjewelry.com)) for the beautiful bracelets which we've given as gifts to members! Visit our website for more info or to join.



# In Memory of Mara Ann

Many will tell you that the greatest tragedy in life is when parents have to bury their children. That pain is perhaps especially acute when the child is an infant. The joyful memories of the child's birth and those tender first moments are shrouded by the loss. For some, the loss is made a little more bearable by finding a way for the memory of their loved one to go on.

This is exactly what Jon and Andrea Webb did. When they lost their infant daughter Mara Ann to complications from a heart defect, together with their sons Josiah and Levi, they approached InnerVisions HealthCare about donating toys and stuffed animals in memory of Mara Ann. Gratefully accepting such an emotional gift, InnerVisions HealthCare has been able to pass on these gifts, each with a small tag remembering Mara Ann, to mothers and children in need who have come to our

clinic for help with their unplanned pregnancy.

For many of these women, the gifts will be some of the few gifts their child will receive. We thank the Webb family for their thoughtfulness and gifts to our clinic and the women we serve.



## INNERVISIONS NEEDS YOUR HELP

Please send your tax-deductible contribution to:

InnerVisions HealthCare  
1355 50th St., Suite 400  
West Des Moines, IA 50266  
515.280.4706



Gifts can be made electronically: visit [ivhcare.org](http://ivhcare.org) and click on "Donate"

We're also grateful if you prayerfully consider making a gift of stock or including "InnerVisions HealthCare" in your will, in your trust, or as a beneficiary of a life insurance policy or a retirement plan.

Does your employer participate in a charitable giving program (e.g., United Way) or do they match gifts? Contact HR at your company and ask them to include InnerVisions.

Do you shop with Amazon? Choose InnerVisions as your charity of choice, and a percentage of your purchase will be donated!